

SNIFF LIKE A DOG

1

Hold the plate close to your nose and breathe normally.

2

What smells could you smell?

3

Then inhale the smell in short bursts and sniff with your nose, much like dogs do.

4

Did it make any difference?

5

What words can you use to describe the smells?



SWEET

UMAMI

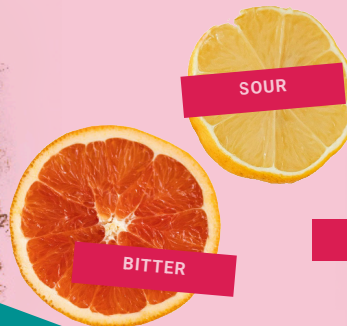
BASIC TASTES

WHAT FLAVORS CAN YOU NAME?

SOUR

BITTER

SALTY



WHAT SPICES?

What spices has the chef used?



WHAT FLAVORS ARE IN THE FOOD?

Guess the secret ingredient in today's food.

What basic flavors do you recognize in today's lunch?



How many different vegetables are there on the salad buffet today?
Which ones can you name?