



**HEALTHY FOOD
MAKES US LIVE
HEALTHIER
AND LONGER.**



**Do you know
which food is
healthy?**



SUSTAINABLE

Food that is healthy is
usually also good for nature.



**EVERY DAY, APPROXIMATELY
25 MILLION
SCHOOL LUNCHES ARE SERVED IN THE EU.**

It is important that they are both
tasty, healthy and sustainable.

It will be sustainable
and healthy if we eat
more vegetables and
legumes and less meat...

...more organic and
preferably locally
produced.

