

Hi!
I am
Brillo Broccoli.



I look a bit like a mini tree.

Or maybe even like a mini forest?
I grow from a thick stem and form
little green "trees" that you can eat.

I thrive where the soil
is rich in nutrients and the
climate is cool.



Even my
stalk is edible!

BRILLO BROCCOLI

And do you know what's so cool?
You can boil me, fry me or
eat me just as I am.



I'm packed with healthy things
like vitamins and minerals!
Fascinating, isn't it?



And another name for
broccoli is actually
asparagus cabbage.

CABBAGE FAMILY

Did you know that broccoli is one of many
vegetable friends in the cabbage family?



What types of cabbage do you know?

PAK CHOI

CAULIFLOWER

POINTED CABBAGE

RED CABBAGE

BRUSSELS SPROUTS

WHITE CABBAGE