



Farm-to-School Twinning



What is Farm-to-School (F2S) Twinning?

F2S Twinning aims to promote the practical experience and knowledge of where our food comes from among children and their families, and to encourage them to appreciate the way our food is produced.



How to FS2?

- farm visits
- shop visits
- (shared) vegetable garden visits
- tasting activities
- farmer coming to school
- classes about food (production)
- cooking classes



*authentic and
action-based
learning
experiences*



FS2 on the ground

The F2S Twinning-approach was already tested in some cities in Belgium and Spain. The outcome was overall very good and both teachers and students seemed to enjoy it.

[Here](#) you can learn more about their experiences and find some great examples.



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Practical tips

To make this Farm-to-School Twinning a great experience for everyone involved, we have gathered some lessons learned and useful suggestions.



- Make visits in small groups.
- Involve teachers when preparing visits, so it's both interesting and age appropriate for all students.
- Keep visits short and let the children participate in some actual work.

- Visit in Summer or early Autumn, so there's a good chance of nice weather and there's enough work on the farm.
- Embed the visits in other school activities.
- Keep in mind that not every school has its own kitchen.



- Provide enough financial and material resources (compensation for the farmer, transport, ...).
- Involve external parties as well.

The importance of FS2 Twinning

By introducing young people to healthy and sustainable eating habits during their school years, they expand this to their community and next generations.

It's time for a new menu