

PRESS RELEASE



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SchoolFood4Change sets out to transform our food system: Making school meals healthy for children and the planet

Bringing all stakeholders to one table.

Sparking food system transformation for social and environmental resilience.

March 10th is international school meals day.

The SchoolFood4Change (SF4C) project consortium members have now joined forces to transform our food system towards diets that are delicious and healthy for both humans and the planet. To reach this aim, the EU-funded project engages 3,000 schools as catalysts for food system transformation, impacting 600,000 young people through 16 cities and regional governments across 12 European countries and radiating into society at large. SchoolFood4Change is coordinated by [ICLEI – Local Governments for Sustainability](#) and brings all relevant school food actors to one table: from students, parents and teachers, farmers, chefs and canteen staff to experts from sustainable food procurement, dietitians, and local enterprises.

At the heart of SchoolFood4Change lies a triple action approach of innovative food procurement, the promotion of planetary health diets and cooking, as well as the Whole School Food Approach (WSFA).

Innovative sustainable food procurement is an effective tool for change as it helps fulfil the state's duty of care, particularly concerning vulnerable groups such as children and students. The project will provide locally adaptable procurement solutions that have the power to make healthy and sustainable meals available in all schools in Europe, leaving no child behind.



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Over 10,000 cooks and canteen staff will be trained in Planetary Health Diets according to the recommendations of the [EAT Lancet commission](#) empowering them to cook school meals that are delicious and sustainable, both for students and the planet.

The Whole School Food Approach holistically engages the entire school community to develop healthy and sustainable eating activities. For students, it includes food education, gardening, preserving, and cooking food together as well as school-farm twinning. The WSFA also involves other actors from farm to fork, such as farmers, cooks, and local businesses. Its impact radiates into society at large, touching over two million EU citizens.

Learn more about the SchoolFood4Change project on the [SF4C website](#).

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